

# GOALS



## Goal Setting

### Where do you see yourself five years from now?

This is a question that is often dreaded and yet frequently asked of us in an interview situation. It is however something we rarely ask ourselves when not under pressure!

Perhaps we know that life is ever changing and as a result know that we cannot plan that far ahead? When you look back five years would you have seen yourself where you are today? The team at PYP can tell you that five years ago we didn't see ourselves where we are today. That doesn't mean that we didn't have a plan, goals and objectives, it just means that life doesn't always go to plan. You cannot be Blinded by Plan A (Content 57).

There is a constant need to be flexible, adaptable, to continue to invest in yourself and have a positive approach to change, if you are going to achieve your potential. It is however still important to plan and set goals and objectives and as a result continually ask yourself this question as it will help you on your journey through life.



Setting goals can have many benefits, such as providing motivation, guiding your focus, establishing accountability and giving you control of your future. You might be close to where you want to be or you may be well off, but that can still be in positive way! Action: We therefore encourage goal setting and ask you as an action in the next week to set yourself three to five SMART personal, work or business objectives (Setting SMART Objectives Content 67).

**They don't have to be aligned to your plan for the next five years, but things that you can achieve in the next twelve months**



### Action:

Set TWO goals that are achievable within the next 12 months.

#### List your Goal

#### Set your date

<b>Goal 1</b>	<input type="text" value="Enter your goal..."/>	Please Select
<b>Goal 2</b>	<input type="text" value="Enter your goal..."/>	Please Select

We will email you on the date you select and check if you have achieved your goal.

#### Email Address

REMIND ME